



## 6 Steps to Spiritual Maturity (Part 2)

### Philippians 4:1-9

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**REVIEW** — Let's remember what we have learned in our study of chapter 4

**The Setting** — The Desire For Stability in Our Lives (v. 1)

*“Therefore, ... in this way stand firm in the Lord, ...”*

**The Steps** — Developing Stability In Our Lives (vs. 2-9)

**I. CULTIVATE HARMONY AMONG YOURSELVES** vs. 2-3

*“I urge Euodia and I urge Syntyche to live in **harmony** in the Lord.”*

**II. CONTINUE IN A SPIRIT OF JOY** v. 4

*“Rejoice in the Lord **always**; again I will say, **rejoice!**”*

**III. CONCENTRATE ON THE LORD'S PRESENCE** v. 5

*“Let your **gentle spirit** be known to all men. The Lord **is near.**”*

**LESSON** – Continued: 6 Steps to Spiritual Maturity, Part 2 (4:1-9)

**IV. CALM YOUR ANXIETIES THROUGH PRAYER** vs. 6-7

- The Problem — *“Be **anxious for nothing**, ...”*

Distinguishing between concern (Philippians 2:20) and anxiety (Matthew 6:25-34)

- The Plan — “*but in **everything** by ...*”

“*prayer*” — It means we ask God to **HELP** us.

“*supplication*” — It means we ask God to help because we sense a **NEED**.

“*request*” — It means we ask God to help **SPECIFICALLY** with a need.

“*with thanksgiving*” — It means all our prayers are **BATHED** in thanksgiving because we know who God is.

- The Promise — “*and the **peace of God**, which **passes all comprehension**, will **guard your hearts and your minds** in Christ Jesus.*”

## V. **CONTROL YOUR THOUGHT LIFE** v. 8

- The Pursuit of Right Thinking — “... **dwell** on these things.”
- The Parameters for Right Thinking — “*Finally, brethren, **whatever is ...***”

## VI. **CONSISTENTLY OBEY GOD’S WORD** v. 9

- The Practice for the Believer — “*The things you have **learned and received**, and **heard and seen in me** practice these things, ...*”
- The Promise in the Believer — “... *and the **God of peace will be with you.***”

### 3 Keys to Experiencing God’s Peace

Lord, I am anxious about \_\_\_\_\_

Lord, this is my:

1. Biblical Prayer (v. 6)
2. Biblical Perspective (v. 8)
3. Biblical Practices (v. 9)